

## HPCG High-Performance Coaching Newsletter #14, Ralf Wolter



High-Performance  
Consulting & Coaching  
Group (HPCG®)

Dear Reader,

when was the last time you looked at your own footprint? This winter made me think of traces we leave - directly in the snow and as a metaphor in life. In January, I extended my business and got certified as a Data Protection Officer for the new GDPR (General Data Protection Regulation) in Europe. Ultimately, the topic of GDPR is also related to "leaving traces", in this case in the virtual world.

By now you might have received enough information to understand the basic principle of GDPR: data can only be used with your explicit permission. Consequently, I ask you to opt-in for my newsletter now, so you can continue to receive it 3-4 times per year.

I guarantee you that I will use your personal data (name, first name, email address) only for this newsletter, to be distributed via MailChimp as a service provider located in the USA. Opting-in is quick (can you break the 15 seconds mark? 😊) and easy: follow the link, confirm your personal information and please note that you need to tick the 'email' box before submitting!

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Let's shift gears into a larger topic: what will your life footprint look like? Whether or not you're leaving something behind isn't the question. What are you leaving behind? A friend asked me this question years ago and it really made me think and triggered a journey. Two words describe what I would like people to remember about me: passion & development.

How about you?

- What is the theme of your life?
- What would you like to leave behind as an immaterial heritage?
- Which key values do you want your children and grandchildren to remember?

Action step: I'd encourage you to take a break and actually write down your very own answers to these questions. This helps you to align your daily actions with your bigger vision.

Have a nice weekend! And if you need to work during the weekend, make sure that it is fulfilling.

Best regards,

*Ralf Wolter*

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