

HPCG High-Performance Coaching Newsletter #5, Ralf Wolter



Dear Reader,

“If you can dream it, you can do it.” Walt Disney

Do you still have dreams about what your future will look like? Not wishful thinking, real stuff!

When I read the quote above for the first time, my immediate reaction was “that's for sure true”. Next, I asked myself: What are my dreams? What is my vision for 2025? I have achieved a lot, so what's left? It really took me a while to come up with answers that felt authentic.

So what about you? What is your life's dream? What is one (1) major goal you are eager to achieve next? Will it take you two or twenty years to achieve it?

You don't have an immediate answer? Don't worry, start dreaming again!

You think you are too busy to dream? Relax, there is hope!

For me, it was the one-week stand-in job for a truck driver that completely got me out of my routine. I forced myself to keep the radio off for two full days and to just be in the moment, with the truck, the sound of the engine, and my thoughts. After three days and ~ 2,500 km my mind and my heart had found answers.

What can you do to escape the routine work and reconnect with your dreams?

Are you willing to pay the price?

Once you do, you will find answers and it becomes a question of *when* not *if*.



Perfect job variety!

A short update from my business:

* I got interviewed for the 'Discover Germany' magazine: "With HPCG it's when not if"
http://issuu.com/scanmagazine/docs/discovergermany_issue_18_september_/c/slsrcu7

* Russia was a white spot on my 'business travel around the world' map, thanks to PowerSpeaking this is no longer the case. John Warren and I had a great time with two groups and even took half a day off for sightseeing. Moscow is really impressive and worth a trip. I expected something completely different and experienced an energetic city, a bit similar to London - except for the language barrier...

Here are a few quick tips to improve your next presentations - 5 ways to open and close a presentation:

<http://blog.slideshare.net/2013/07/22/5-powerful-ways-to-open-a-presentation/>

<http://blog.slideshare.net/2013/07/29/5-powerful-ways-to-close-a-presentation/>

"Whatever you can do or dream you can, begin it. Boldness has genius, power and magic in it."
Johann Wolfgang von Goethe (Author of Faust)

Stay tuned for the next newsletter.

Have a nice weekend! And if you need to work during the weekend, make sure that it is fulfilling.

Best regards,

Ralf Wolter

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